

PUMPKIN PIESICLES

INGREDIENTS:

simple syrup -

- 1 cup water
- 1/2 cup granulated sugar
- 1/2 cup brown sugar
- 1/2 t cinnamon
- pinch of ground cloves
- 1/4 t ground ginger
- pinch of nutmeg
- 1 T maple syrup

pumpkin goodness -

- 1 (15 oz) can pumpkin puree
- 1/4 heavy cream
- pinch of salt
- 1/2 cup granola or oatmeal cookie pieces

DIRECTIONS:

Make the simple syrup by warming all of the ingredients over medium heat, stirring constantly, for about 5 minutes or until the sugar is dissolved. Mix with the pumpkin puree, and salt. Taste, and add more maple syrup if you'd like them sweeter. Fold the heavy cream and oatmeal cookie or granola into the mixture, but don't stir! Divide amongst popsicle molds and freeze overnight.