

BANOFFEE MILKSHAKE

INGREDIENTS:

- 2 peeled and frozen bananas, chopped
- 1/4-1/2 cup milk
- 2-4 T caramel, to taste

DIRECTIONS:

1. Place the bananas, 1/4 cup milk, and 2 tablespoons caramel in a blender or food processor. Add more caramel to taste, and more milk to thin it out. Serve with sliced bananas and more caramel. I topped mine with crumbles leftover from my berry crumble ice cream, but cookie crumbs or graham cracker crumbs would be super tasty!