

PUP FROZEN YOGURT

RECIPE FROM SPOON FORK BACON

INGREDIENTS

- 2 cups nonfat plain Greek yogurt
- 1 medium banana
- 1/3 cup natural peanut butter
- 1T honey

DIRECTIONS:

1. Place all of the ingredients in a food processor and puree until smooth. Divide between the cups in a silicon cupcake pan. Jiggle the pan to smooth tops.
2. Place on a baking sheet and freeze until firm, about 2 hours. Give to your pup on the hottest days to keep cool.