

# **ETON MESS PARFAITS**

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Ingredients:

fruit -

- 1 cup cherries, pitted, and quartered
- 1 cup blueberries
- sugar, to taste
- grand marnier, optional

cream layer -

- 2 cups heavy cream
- 1 t vanilla
- 2 T powdered sugar, to taste
- meringue kisses, crushed

1. Toss the fruit in sugar. Splash in some grand marnier. Set aside.

2. In a large bowl using an electric mixer beat the heavy cream to stiff peaks, stir in vanilla and powdered sugar. Fold in crushed meringues.

3. Layer fruit and then whipped cream mixture in jars and serve immediately.

*Recipe adapted from Hungry Girl Por Vida*